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From the Editor's Desk

Dear friends,

On your PC or in your hand is the third issue of *The Rising Sun* for the first year of Rotary's second century.

October is Vocational Service month.

Mamta Sagar, Editor - The Rising Sun

Events

Blood Donation Camp Installation

Rotary Information – Vocational Service

Rotary's emphasis on vocational service has its roots in the founding of the organization in 1905. And the use of the classification principle - the guideline by which nearly all Rotary membership is determined - assures that each club has among its members a cross-section of a community's business and professional population. When professionals join a Rotary club, they do so as a representative of their particular business or profession. This gives Rotarians the dual responsibility of representing their vocation within the club and of exemplifying the ideals of Rotary within the workplace.

These values expressed in The 4-Way Test and the Declaration for Rotarians in Business and Professions, which promote high ethical standards in the workplace, a central theme of Rotary throughout its history.

Declaration of Rotarians in Businesses & Professions

As a Rotarian engaged in a business or profession, I am expected to:

- Consider my vocation to be another opportunity to serve;
- Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
- Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
- Be fair to my employer, employees, associates, competitors, customers, the public, and all those with whom I have a business or professional relationship;
- Recognize the honor and respect due to all occupations which are useful to society;
- Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
- Adhere to honesty in my advertising and in all representations to the public concerning my business or profession;
- Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

Why I am a Rotarian?

Edward F. Cadman; Classification: orthopedic surgery; President, Rotary International 1985-86 (Theme: You Are The Key); Member of the Rotary Club of Wenatchee, Washington, USA)

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I joined Rotary for the same reasons most other Rotarians do. None of us joined our organization to change the world. Many of us knew little of Rotary programs. Most of us were seeking an opportunity to extend fellowship and make new acquaintances. The full impact of Rotary came to us slowly. We gradually became involved in the "Spirit of Rotary.

"Whatever the "Spirit of Rotary" is, it involves friendships developed, the willingness to help with community concerns, the attempt to understand all men's callings, and a love for our fellow man. Joining Rotary was not accompanied by a clash of cymbals, beating of drums or blare of trumpets. There were no shafts of light from the heavens, no roll of thunder - nor bolts of lightning.

We soon found ways we could help causes and people, and that is when the great metamorphosis from mere mortal man to a Rotarian began. It was when we heard about "Service Above Self," and believed.

Gradually we were caught up in the web of Rotary goodness. Rotarians are not born – Rotarians are made. It is a slow, gradual process from the time we join Rotary until we become Rotarians. The trip is worthwhile. It is trite to say the more we Put into Rotary the more we get out. Over the years as we become consumed by Rotary we find the personal warmth and love that we receive simply outweighs any effort we can make for Rotary and our fellow human beings.

Mark me as one who shares the philosophy of About Ben Adhem, as expressed in the poem of that title by Leigh Hunt: "... I pray thee then, write me as one who loves his fellow men."
(By ~~Rajendra K Saboo~~; Classification: Needle manufacturing; President, Rotary International, 1991-92; Member of the Rotary Club of Chandigarh, India)

I did not know many people in Chandigarh, to which I moved from Calcutta to set up my own business in 1960. So when I was invited to join the local Rotary club a year later, I was happy because it would give me additional acquaintances in the new city.

But this was only a beginning. I had heard of Rotary since my father was a Rotarian in Calcutta. I had a limited view of the organization and absolutely no idea of how it would affect my life.

I was about 27 years of age with a wife and child. My business career and all the fun of life were awaiting me. At first, Rotary, with its demands of attendance and involvement, seemed to be asking for too much commitment.

To my mind, Rotary was for fun and friendship! Very soon I found that Rotary had much more to offer— chiefly an opportunity to practice a new kind of human interaction—a realization beyond one's self.

Over the years, my Rotary experience has, indeed, helped me discover myself anew; it helped me learn to communicate, to rein in my short temper, to open my eyes to the existence of people around me, and to do whatever was possible for them within my resources.

It taught me that the happiness we bring to others makes us happier too. I am blessed because Rotary has made me a better person. Where else would I have had the opportunity to develop friendship, not for friendship's sake alone, but to work together for others? Where else would I have been able to work among equals, earning their respect for our common endeavor?

Had it not been for Rotary, I would never have learned the values of tolerance, the common touch, and respect for others. I still may not have developed these attributes as fully as I would like, but at least I know the path to walk upon.

The joy and meaningfulness with which Rotary has endowed my life makes my life seem so full and complete, with so many friends across the seas to work with— with so much to share. Rotary has made me look within, to look beyond myself and ask "Why not me?"

What more can one demand of life?

View Point

Show Time
A Primer on Making Effective Presentations

Public speaking gives some a rush of adrenalin; others become nervous wrecks. Making effective presentations is an important skill that can be learned and improved with practice; Mark Twain once said, "It usually takes more than three weeks to prepare a good impromptu speech." Here is a primer to help you make an impact and get the show on the road in significantly less than three weeks.

Is your mobile ringing? Preparation and practice are the secrets of making an effective presentation. People like to be told rather than just read and will start off as part of your star cast as you begin your presentation show and remain on your side unless you antagonize or offend them. It's time to hit the drawing board, brainstorm and get your plans and script in

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place. And yes, do remember to switch off your mobile before the first take.

Take 1? Break the ice quickly, tell your audience what's in it for them, provide your credentials and set the agenda for the session. Your opener should get people's attention and help convey or be followed by your key message. Ensure that you adhere to the primary maxim of making presentations which is to tell them what you're going to tell them, tell them what you want them to know and tell them what you told them.

WHPI? An easy place to start is to use the "Why, How, Prove It" methodology; defining the purpose of your presentation and target audience by asking yourself the fundamental questions – Who? Why? What? Where? When? How? - Why are you making this presentation? What message(s) do you want to convey? What do you and the audience gain by it? Who is your target audience? What proof points will you provide? When and Where is the presentation scheduled? What are the questions you could be asked? How are you going to structure your presentation and deliver your message?

KISS or miss? Always Keep It Short and Simple. Keep the structure simple – a boring but effective structure could be – Introduction (10%-20%) should get your key message out and set the agenda for the presentation, main body (60%-80%) should cover the 3 - 4 supporting messages and supported by 'proof points', end with next steps, summary and conclusion (10-20%). Making a good presentation is like the art of story telling; avoid awkward jumps, let it flow logically. Keep it brief, do you really need the details?

William Penn said it well, "Speak properly, and in as few words as you can, but always plainly; for the end of speech is not ostentation, but to be understood."

Graphic? Use visuals rather than text as people read faster than they hear and will be impatient for you to get to the next point. Preferably use just one or at most two fonts, choose a suitable size (38-44 points for slide title, 24-28 points for body text) that is easy to read from anywhere in the room. Choose your colors with care. Slides should be clutter free and slide transitions uniform. Use animation or sound for effect, not just because they are available. Use the corporate presentation template, where available.

Excuse me! What was that again? Speak clearly, use short sentences in simple everyday language and avoid jargon. Speak to your audience not your slides; your slides are there to support you not the other way around. Vary your pitch and pause for effect and to let your audience absorb your message. Focus on correct grammar and spelling. Dress appropriately and comfortably, stand at ease, gesture but not too much,

establish eye contact as you smoothly cover your entire audience and as always, do not forget to smile. The fool proof way of getting this right is to prepare well and practice.

Was that the alarm? Rehearse it, plan on the basis that you will have 20-30% less than the allotted time. When you are running out of time, emergency measure could include talking faster, skipping some material or combination of both; you do not have the option to carry on regardless, and hope nobody minds your over-running. "Be sincere... be brief... be seated."

Rare or well done? Prepare to be grilled - anticipate questions and practice the answers. Handling tough questions is an art; do not be defensive. Ask, rephrase, keep the audience involved – address all not just the questioner or toss them the question. Say so when you do not know the answer and keep it short and simple.

Leave anything behind? Pack up by reiterating your key message(s) and conclusions. Plan ahead if you wish to leave a hand out behind, a feedback form, promotional material or just your contact information.

"There are always three speeches, for every one you actually gave. The one you practiced, the one you gave, and the one you wish you gave." (Dale Carnegie)

Lights, camera, action – it's Show Time.

Rtn. Sanjay Khendry

Rotary Club of Bangsar – My First Visit to Club meeting at Malaysia

It was way back in December 2004, on a Tuesday afternoon in Kuala Lumpur, Malaysia; I had finished my work on an IT project a little early and was free that evening.

On a quick thought, I decided to attend a local Rotary Club meeting; quickly logged on to the net, located a club which meets on Tuesday – it was called Rotary Club of Bangsar. They meet at famous Selangor Club (near the tallest Flag pole point in main city).

I found the President's number. Called him and introduced myself. He said his club service director stays near to my location and his name was Joy Appukuttan. (An Indian Immigrant and High court lawyer by profession) and if I am ok, he will inform him to pick me up for the meeting. I was surprised by the reception and said I would be more than obliged.

Within 10 minutes Rtn. Appukuttan called on my mobile and introduced himself as "Joy". After some

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pleasantries, he said he will pick me up at 5.45 pm. Promptly at 5.40, I got call from Joy saying that he was waiting in his car downstairs. Being an Indian, (more than that a RCHE member) I was pleasantly surprised at his punctuality, especially for a Rotary meeting!!

We went to the Selangor Club. It is a fascinating club, which was over 150 years old. The club meeting was in 'President's Hall', a nice ambience. At the entrance a person holding a long brass rod, similar to a spear and wearing a white shoulder band was standing. On the band was written, in bold "Sergeant at Arms". The Rotary circle was displayed in its full form. He shook hands with me and asked about our club and myself. I was then asked to sign in the register. He gave me a makoup card with date and time of the visit.

Rotary Club of Bangsar has 35 members, quite jovial and friendly, almost similar to our club. The meeting started at 6.30 pm with a fellowship thrown with lavish dishes. I better call it as dinner, because food was really served in large variety and quantity. Not like the snacks and munchies we have in India for a Rotary meeting scheduled at 6.30pm.

That day was a speaker's meeting and the topic was "The Art of Emceeing". It was nice topic and the speaker was renowned Emcee known in Malaysia who has been in the profession for past 25 years and has to his credit of conducting events for the ex-Prime Minister Mahatir and the present Prime Minister Mr Abdul Badawi.



After the president introduced me to the club, we exchanged flags and took some photos. I talked about our club and my purpose of the visit. President discussed some of his club points for the week after which the speaker was introduced. It was a 15 minutes speech accompanied with slides followed by the usual question /answers session.

I should tell you about this club's very special 'fun session', they have at the end of the day every week. This session is called by Sergeant at Arms and President allows the session as open and says the limit

has been fixed to 10 minutes. The Sergeant at Arms comes out with a box similar to a Toy Piggy Bank, rings the bell and declares, "the fun session open".

The fun session allows the members to openly talk about their fellow Rotarians from their club. They have the liberty to praise, admire or criticise their fellow members including the president on various issues. The members share their opinion and drop a dollar or two into the box. No replies are expected from the member on whom the comment is passed. All are allowed to participate including the speaker and guests.

Let me give you a brief description of it went on:

One of the members got up and said, 'One dollar for the speaker for crispness in his speech for ending promptly on time'. Another one got up and said, 'Congratulations President for coming on time today and conducting the club meeting effectively'.

'The Club service director is not present today and one dollar for him', said the other. Somebody dropped a dollar saying that it was to point out that Rtn Kamal Kumar (a member of this club) had not attended the project at so and so place.'

President got up and said that his dollar was for the low turnout on the project visit by the club members on some particular day. 'One dollar in the name of the President for not calling me in time for that project, which was held on that particular day', intervenes a PDG of the club. It was hilarious when a member dropped a dollar for Mr Vijay Kumar, who had not invited him for his new house till date.

So, as this riot of laughter, comments and criticisms pulling each other's legs went on, I found the whole box was getting filled with dollars. The session got closed with the ringing of the Bell. Sergeant at Arms counted and announced the amount collected in the box and recorded the value. The session ended with the handing over of this amount to the Treasurer. Then as usual vote of thanks was rendered, national anthem of Malaysia was played and the meeting was adjourned. The club members invited me to attend their meetings whenever I am in Kuala Lumpur.

Second session gets going with the drinks, enjoyment, cracking of jokes, talking about the current events etc. All of us went for late dinner. When I was dropped back to my location it was 1am. Cherishing the wonderful time spent with this club on my first visit, I remember each and every member of the Rotary Club of Bangsar for their warmth.

Rtn Mazhar Pasha



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For many and many a year."
The gates swung sharply open
As SMPeter pressed the bell.
"Come in," he said "And grab a harp,
You've had your share of hell."
(Courtesy Barrie Beacon)

Announcements

Birthdays

2-Sep	Mamata (Uday Shankar)
2-Sep	Guru Raj
11-Sep	Rishika (Rohit Kedia & Ruchi)
12-Sep	Shobha (Braham Minda)
14-Sep	Jameela (Mazhar Pasha)
19-Sep	Usha Rani (Raju CJJR)
19-Sep	Sajid Salman (Mazhar Pasha & Jameela)
20-Sep	Indra (Shiva Swamy V)
5-Oct	Saurabh (Binod Sitani & Sashi)
6-Oct	Sriram (Nageshwar Rao & Sandhya)
6-Oct	Arun (Amarnath Prasad & Ahalya)
6-Oct	Ritu Maithani
12-Oct	Sameer Sohrab (Mazhar Pasha & Jameela)
16-Oct	Ravi Rao
17-Oct	Prateek (Bhaskar Reddy & Sandhya)
19-Oct	Sai Padma (Madhu Babu)
19-Oct	Tarunya (Gopinath Reddy & Sulochna)
24-Oct	Adeeb (Aziz Moinuddin & Yasmin)
25-Oct	Shashi (Binod Sitani)
25-Oct	Prem (Ritu Maithani)
25-Oct	Radhika (Sreenivasa Reddy)
25-Oct	Arindam (Rahul Aggarwal & Chetna)
28-Oct	Shakuntala (Rajkumar Lohiya)
30-Oct	Rinny (Bhaskar Reddy & Sandhya)
30-Oct	Parsva Jhabak

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The RCHE Family

Independence Day Meeting & Family Fellowship

The monthly family fellow ship was hosted by
This year again we had a great offsite meeting at Rahul
Agarwal's farm with family cricket and fellowship hosted
by Gurucharan Singh, Mamta Sagar and Sanjay
Khendry.

{Insert Photo - Flag}

The flag was hoisted by President Rajkumar Lohiya
and PDG JAS Giri. Cricket saw the veterans and
today's generation competing together with the bat and
ball. The information available in confidence is that
most veteran's needed to nurse their muscles in the
days following the exciting cricket match.

{Insert Photo Cricket}

Winners, vanquished and spectators; all enjoyed the
banquet that followed as we wound up the RCHE
annual day out cricket fellowship.

From Far & Near

About Bulletin Editors

A Rotarian stood at the Golden Gates,
His face worn and old.

He merely asked the man of fate
Admission to the fold.

"What have you done?" St. Peter asked,
"To warrant admission here?"

"I edited a Rotary Bulletin on earth,

Anniversaries

Oct/Sep	None this month
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Congratulations

Mazhar Pasha

Mamta Sagar – Poetry South Africa

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Attention RCHE Rotarians, Anns & Annets: With a strong focus on family of Rotary we look forward to your contributions to "The Rising Sun".

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